Feeling Collage

Ages 6-14

Activity Objective:
This activity allows children to express the numerous feelings they have about having asthma in collage format.

Instructions:
- Group members are given magazines, large drawing paper or poster board, scissors and glue.
- Group members are instructed to cut out pictures that describe how they feel about having asthma.
- Pictures are glued onto their poster board in order to create a collage.
- The final collage is shared with the group.

Materials Needed:
- Large drawing paper or poster board
- Scissors
- Magazines
- Pens
- Glue

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