EXCELLENCE IN COLLEGE TEACHING AND LEARNING

EXCELLENCE IN COLLEGE TEACHING AND LEARNING

Classroom and Online Instruction

By

GEORGE HENDERSON, Ph.D.

and

SUSAN SMITH NASH, Ph.D.



CHARLES C THOMAS • PUBLISHER, LTD. Springfield • Illinois • U.S.A.

Published and Distributed Throughout the World by

CHARLES C THOMAS • PUBLISHER, LTD. 2600 South First Street Springfield, Illinois 62794-9265

This book is protected by copyright. No part of it may be reproduced in any manner without written permission from the publisher. All rights reserved.

©2007 by CHARLES C THOMAS • PUBLISHER, LTD.

ISBN 978-0-398-07750-1 (hard) ISBN 978-0-398-07751-8 (paper)

Library of Congress Catalog Card Number: 2007007736

With THOMAS BOOKS careful attention is given to all details of manufacturing and design. It is the Publisher's desire to present books that are satisfactory as to their physical qualities and artistic possibilities and appropriate for their particular use. THOMAS BOOKS will be true to those laws of quality that assure a good name and good will.

Printed in the United States of America MM-R-3

Library of Congress Cataloging in Publication Data

Henderson, George

Excellence in college teaching and learning : classroom and online instruction / by George Henderson and Susan Smith Nash.

p. cm.

Includes bibliographical references and index.

ISBN 978-0-398-07750-1 (hard) – ISBN 978-0-398-07751-8 (pbk.)

1. College teaching. 2. College teachers—In-service training. 3. Education, Higher—Computer-assisted instruction. 4. Teacher effectiveness. 5. Effective treaching. I. Nash, Susan Smith. II. Title.

LB2331.H447 2007 378.1'2--dc22

2007007736

PREFACE

In 2006, there were more than 1.1 million faculty employed in approximately 3,400 U.S. degree-granting higher education institutions. And they taught more than 15 million students. Less than 30 percent of the full-time faculty received comprehensive instruction on how to teach before their appointments. Even fewer part-time faculty, sometimes referred to as "gypsy faculty" or "freeway flyers," received appropriate preparation. The seriousness of this situation was underscored by the fact that approximately 35 percent of all U.S. college and university faculty were part-time, including 66 percent in two-year schools and 20 percent in public research institutions. The rest of the schools averaged about 30 percent part-time faculty.

We do not cite those statistics to praise full-time faculty members or to belittle their part-time colleagues. There are good and bad teachers in both groups. Our point is this: The quality of instruction that college students need is too important to be left to inadequately trained teachers, no matter how small or large their numbers. We are aware that a growing number of schools have implemented preservice and in-service professional development programs for their new and experienced teachers. But that is not enough. All colleges and universities should have professional development staffs or at least adequate resources to assist their teachers to become better in their professions.

There is an undercurrent of frustration among a sizeable number of college freshmen in particular, especially those who completed Advanced Placement courses in high school. They are more likely than their peers who did not complete such courses to complain about uninteresting or unchallenging introductory college courses. Their expectations are not overblown. Formal education is like a sword that can be used to prune ignorance, to emotionally wound students, to

amputate bigotry, or, if undrawn, to leave fragile scholars to fend for themselves. There is no single best way to teach, but there are many ways to fail. We have written a book that we believe is a ségue to professional development initiatives and also the readings found in our bibliography.

Numerous things must be tended to when teachers instruct students. For example, in this book, we speculate about ways teachers can present what may at times seem to be a mountain of information without burying students under it. Also, we explain why teachers must continually update their Internet skills. And whether courses are taught oncampus or online, they should not be academic fluff or pedagogical gimmicks. This is one of few books that gives equal attention to teaching classroom and online courses. There is something bubbling over on many campuses: The greatest number of college instructors prefer teaching students face-to-face, and only a few of them volunteer to teach online courses. Yet the employment trends in local, national, and international workplaces are for college graduates who are proficient in face-to-face and computer interactions.

Unflattering comparisons are plentiful concerning effective and ineffective teachers, whether they teach on-campus or online. That is inevitable. Individuals who would be good teachers must first be diligent learners. They must learn their craft, hone their skills, and have passion for their careers (Day, 2004). Rephrasing a trite cliché, we postulate that those who can should teach; those who can't should not. And the only way to know for sure is to try it. On a more fundamental level, we believe that teaching is like an itch: those who have it, should scratch it. But just because people try something does not mean that they will like it, however. Nor does it mean that they will want to make a career of it even if they like it and are good at it. This is where passion for one's career comes in—and realism.

About 35–45 percent of human communication is verbal, and 55-65 percent is nonverbal. And there are approximately 100,000 discrete gestures that have meanings to peoples around the world. Thus, as you can see, it is easier to communicate course information face-to-face than online where words are almost the sole means of sending messages. Words are full of human relations traps. Their meanings are often distorted. Consider, for example, the fact that there are approximately 600,000 words in the English language, and a literate adult uses about 2,000 of them in daily conversation. Of those words, 5,000

Preface vii

of the most common ones have 14,000 dictionary definitions (Drafke & Kossen, 2002, p. 58). These are some of the reasons all teachers must use their words with great care when communicating with students.

A teacher's influence, positive or negative, transcends the courses taught. Although a teacher's career is usually 20 to 30 years, his or her influence may last for the lifetimes of students or, in rare instances, centuries. An inquiring scribe might rightfully ponder, "What shapes of students' thoughts and intellectual textures do teachers spawn?" The answer: many varied ones. Throughout this book we punctuate sentences and paragraphs with metaphors, similes, hyperboles, and ironies. If we had adhered strictly to a manual of scholarship style, using only professional journal-like sentences, it is unlikely that we would have adequately captured a panoramic view of the consonance and dissonance that characterizes effective and ineffective teaching. Face-to-face teaching is more art than science, so part one is interpersonally expansive. Online teaching is more technology and science than art. Therefore part two is a bit more straightforward, less interpersonal.

One method of course delivery is no better than the other. They are just different in certain ways. There is no reason to choose between them. Both merit a place on a school's schedule of courses. But they are similar in many ways, too. Despite differences in teaching philosophies, methods, and delivery formats, there is a sameness to effective teaching: syllabi must be created; lesson plans and instructional strategies must be designed; and, ultimately, student-teacher interactions must culminate with course-specific information being taught. Effective teaching is often eloquent in its simplicity of explanation but frustrating in its difficulty to operationalize in practice. There are rousing debates over which is easier to do: effective online or face-to-face teaching? We will not blithely dismiss the possibility of both of them being equally difficult to do well. Both are shaped by group dynamics: words spoken or written, gestures seen or imagined, and collaborations completed successfully or botched all contribute to effective or ineffective teaching. This is not surprising but it is too easy to overlook those things.

As artists, classroom and online teachers consciously manage sounds, movements, colors, and the other aspects of teaching. For example, the voice (sounds), which is the classroom teacher's major instrument of instruction, determines to a great extent how attentively students will listen. And the manner in which a teacher presents information (forms) contextualizes it; how a teacher uses his or her body when lecturing (movements) embellishes the academic prose. Occasionally, a teacher will use charts and graphs (color) to frame information. Therefore it seems perfectly reasonable, even obligatory, for us to describe those aspects of teaching as though they were like drama, music, ballet, or literature. At an extreme, in terms of ineptness, some courses seem like theaters of the absurd; others are examples of perfect mimicry of real-life situations. Although most classes, whether on-campus or online, are somewhat fulfilling, the artistry of teaching is always a work in progress.

There are no secrets to being a good college teacher. Hundreds of journal articles and dozens of books, including this one, provide helpful tips and techniques (see also, for example, Davis, 1993; Brinkley et al., 1999; Provitera-McGlynn, 2001; McKeachie & Hofer, 2002; Lynch, 2002; Weimer, 2002; Bain, 2004; Filene, 2005; Brown & Race, 2006; Kahn & Walsh, 2006). The hard part is for each teacher to find out what will work for him or her. Almost all courses begin like a musical overture. A syllabus of fanfare introduces students to things to come. That usually gets them excited about what they may learn. But sometimes teachers do not deliver all of what their syllabi promise. Although no course is supposed to unfold that way, that is exactly what happens sometimes: they fall short of their goals. This then is a book for people who are scratching their itch to be teachers but are uncomfortable with or unhappy about their performances. They are hungry for new insights. Most teachers are reluctant to talk about themselves. But they find it useful to read about other teachers. That is why we provide a lot of information about other teachers, including ourselves.

Increasingly, college teachers are expected to perform well in whatever instructional delivery methods they use. There are all kinds of students who are happy to talk about the good courses they enrolled in; and there are an equal number of them who freely discuss the bad ones. How to effectively meld an interactive instruction process with course information makes for excellent theories that are often difficult, even impossible in some situations, for most teachers to achieve. It sometimes requires recalibrating teaching techniques to accommodate course content. And that is done best by individuals who are multidi-

Preface ix

mensional. Scattered throughout this book are suggestions about ways teachers can become more responsive to students. The challenge is at once daunting and chilling, but not overwhelmingly so. It can be accomplished with adequate training and institutional support.

In his greatest work *The Republic*, Plato cautioned that knowledge which is acquired under compulsion obtains no hold on the learner's mind. He spoke of true education affecting students' inner beings. For Plato, education had to be both a profound and a freeing experience or else it was nothing of significance. Nearly 2,500 years later, John Dewey (1916, 1935, 1938), another philosopher-educator, took up Plato's prescription and expanded it to construct a pedagogical system relevant to the needs of the students in vastly complex industrial democratic societies. Our book owes much gratitude to Plato and Dewey. Like them, we believe that complete freedom for students is not the correct approach. Each teacher must find out how much freedom his or her students can accept responsibility for and then allow them to assume it. Also, students should be in learning environments that stimulate their willingness to learn. This means that they need genuine, realistic problems to solve if they are to engage in academically meaningful self-discovery. And they must be given opportunities to test their knowledge through classroom or online applications or presentations in order to make clear to their teachers and themselves the meanings and validity of the learning.

With those thoughts in mind, we provide succinct overviews of several instructional methods, including their theoretical foundations, that can be used independently or together to enhance the education of college students. While emphases are placed on proven tips and techniques, we offer the caveat that teachers ought to adjust their interventions to fit their own teaching styles and also the readiness of their students. Many of the topics discussed in one chapter are revisited in later ones. This spiral approach to learning is actually repetition and supplementation for knowledge transfer. Thus the academic meal that we have prepared is basted with old and new insights that are allowed to simmer throughout the book. Overall, our book is relatively small in its number of pages. But we believe that there is ample helpful information for would-be, new, and experienced teachers as well as professional development staffs and librarians.

The exercises at the end of each chapter serve dual purposes. They are both self-assessments and summaries of selected data. Some of the

information uncovered through the exercises may not be new to you, it will only reinforce what you already know. Whether they trigger old or new insights, the exercises and the chapters that precede them can help you to get better acquainted, or reacquainted, with the best friend that you may ever have during your teaching career—yourself. They have certainly done that for the authors of this book. Obviously, what you do with this information is up to you. Ideally, the foremost beneficiaries will be your students, many of whom may find useful information in the Appendices A-G. Please feel free to reproduce some or all of them.

We thank the editors of these publications where some of the elearning articles have appeared: *International Journal of Knowledge and Learning Objects*, Xplanazine, elearners.com, and eLearningQueen.

Finally, we are indebted to Betty Leverich for typing and retyping several drafts of our book.

G. H. S. S. N.

CONTENTS

D. C.	Page
Preface	V
Part I. Teaching Classroom Courses	
Introduction: George Henderson	5
A Horrible Beginning	
A New Beginning	
The Art and Science of Classroom Teaching	
The Roles Teachers Play	
Teachers Should Care	
Trying New Methods	
In Retrospect	
Chapter 1. Lectures	25
Back to the Future	
The Good, The Bad, The Ugly	
Giving New Life to an Old Process	
Questions and Answers	
Discussion Groups	
Lessons Learned	
Et Cetera	
Exercise 1. Irritating Lecturer Behaviors	
Chapter 2. Collaborative and Cooperative Activities	46
The Process	
Written Reports	
Oral Presentations in Perspective	
Role-Playing	

Improvisations	58
And Games, Too	61
A Few Other Group Activities	63
Making It all Work	
Exercise 2. Student Team Skills	
Chapter 3. Classroom Group Dynamics	70
Volatile Mixtures	
Pressure	
Competition	
Teacher Attitudes	
Communication	
Grades	
Forces Within Groups	
Empowering Students	
Exercise 3. Classroom Group Dynamics	
Part II. Teaching Online Courses	
	0=
Introduction: Susan Smith Nash	
My Awakening	
Thinking Globally	
Exploring the Information Superhighway	
We Haven't Gone Far Enough	109
Chapter 4 E Learning to the Maximum	111
Chapter 4. E-Learning to the Maximum	
Traditional Versus Online Institutions	
Digital Natives	
Feelings and Emotions Matter	
Learning Strategies	
A New Paradigm	
Exercise 4. Digital Immigrants, Natives, or Geeks?	
Exercise 4. Digital lillingfailts, Natives, of Geeks:	130
Chapter 5. Virtual Learning Basics	140
The Litmus Test	
Time Management	
Taking Notes: From an Online Student's Perspective	
Taxt-Resed Learning	14.0

α	•••
Contents	X111

Skill and Drill.152Mobile Learning.156Podcasts and the Working Memory.159Vodcasts.163Putting It Together.164Exercise 5. E-Learning Beliefs and Behaviors = Attitudes.168
Chapter 6. Situated Learning: Cyberspace Group Dynamics
Communities of Scholars
Collaborative Team Assignments
Problem-Solving
Making Connections
How Online Programs Fail Students181
Educational Bridges and Learning Styles
Plagiarism
Ethical Issues
Exercise 6. Feedback
Chapter 7. The Big Picture
Paying the Price for Excellence
Appropriate Leadership
The Digital Divide
What Will We Gain?
Exercise 7. Goals for Professional Development
Appendices: Helpful Handouts for Students and Analysis of Two Exercises
A. Key Factors for Success in Online Courses
B. Conducting Online Research
C. Audience Analysis
D. Why Do Kids Kill? A Sample Cause and Effect Essay
E. Getting the Most From Video
F. Getting the Most From Podcasts
G. How to Study for an Online Quiz
H. Digital Immigrants, Natives, or Geeks Analysis233
I. Learning Beliefs and Behaviors Analysis
Bibliography
Name Index
Subject Index

EXCELLENCE IN COLLEGE TEACHING AND LEARNING

Part I TEACHING CLASSROOM COURSES

INTRODUCTION

GEORGE HENDERSON

Writing this book has been somewhat cathartic for me. It has allowed me to put my own professional teaching career in clearer focus. And during the process, I was reminded of a basic psychological principle: people repress negative memories and more easily recall the pleasant ones. Five years as an adjunct instructor of sociology at Wayne State University and two years at the Harper Hospital School of Nursing, both in Detroit, and almost thirty-nine years as a full-time sociology, education, and human relations professor at the University of Oklahoma's Norman campus afforded me a lot of positive and negative teaching moments to remember. As learning experiences, both the good and the bad memories are enlightening.

I did not have any formal instruction or supervised preservice teacher education training to prepare me for my career. But it didn't bother me. My mentor, Professor Leonard Moss, then chairman of Wayne State's Anthropology and Sociology Department, assured me that formal training was neither a prerequisite nor a necessity for being a college or university teacher. Afterall, as he periodically told his students, he abandoned a lucrative career as a plumber and became an accomplished college professor. That was enough assurance for me. He was indeed an outstanding teacher. "You've got lots of social services and administrative experiences, a baccalaureate degree, and a M.A. One day you will have a Ph.D." he told me in 1962. "And like the rest of us, you can make it [teaching] up as you go along."