NEUROGENIC COMMUNICATION DISORDERS

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Aphasia and Cognitive-Communication Disorders

By

SAKINA S. DRUMMOND, Ph.D.



CHARLES C THOMAS • PUBLISHER, LTD. Springfield • Illinois • U.S.A. Published and Distributed Throughout the World by

CHARLES C THOMAS • PUBLISHER, LTD. 2600 South First Street Springfield, Illinois 62704

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ISBN 0-398-07650-2 (hard) ISBN 0-398-07651-0 (paper)

Library of Congress Catalog Card Number: 2006040450

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> Printed in the United States of America MM-R-3

Library of Congress Cataloging-in-Publication Data

Drummond, Sakina S.

Neurogenic communication disorders : aphasia and cognitive-communication disorders / by Sakina S. Drummond.

p. ; cm.

Includes bibliographical references and index.

ISBN 0-398-07650-2 (hard) -- ISBN 0-398-07651-0 (pbk.)

1. Communicative disorders. 2. Aphasia. 3. Cognition disorders. I. Title.

[DNLM: 1. Communication Disorders. 2. Aphasia. WL 340.2 D795n 2006] RC423.D78 2006

362.196'855--dc22

2006040450

To: Buggle-Emo-Raja-Tiny

PREFACE

 ${f T}$ his text is the culmination of my insatiable curiosity to understand the relationship between brain functions and communication, and years of teaching-learning and clinical experiences. Although the brain has been acknowledged as a fascinating organ, it represents the essence of who and what we are as a species. The brain regulates all bodily functions and behaviors—one of which is communication. An understanding of human communication requires working knowledge of basic neuroscience, which involves the study of normal neural structures and mechanisms at both macroscopic and microscopic levels. This knowledge serves as the foundation for the diagnosis and management of anomalous functions in the clinical fields of neurology and speech-language pathology. Clinical preparation in each of these professions requires a comprehensive appreciation of the brain-behavior connection and consequences of brain dysfunction on human communication.

The text begins with a review of core concepts relating to the structures and interrelated functions of the brain; this information serves as the precursor to understanding the possible causes and nature of neurogenic communication disorders and related clinical issues. It also includes options for assessing the prevailing communication disorder and highlights the association between the etiologies and underlying neuropathology to overt communication symptoms; the rationale for their presentation is to foster essential critical thinking skills to derive at differential diagnosis and formulate a prognosis for recovery of the identified symptoms. The text ends with the offering of diverse management and treatment options that strive to either restore or stabilize the impaired communication and related functions.

The presented information has selectively focused on the description of language and cognitive-communication disorders secondary to brain lesions. The text aims to guide students and professionals who diagnose, explain, and implement rehabilitation strategies for individuals with acquired neurogenic communication disorders. This objective is reflected in its elaboration of disrupted decoding and encoding of linguistic units such as symbols (words) representing semantics and morphology (meaningful units), and the rules (syntax and pragmatics) for using them during communication. The interconnectivity between language and cognition is stressed through establishing the influence of perceptual and cognitive functions on language/communication modalities of comprehension and production. Contributions from the fields of neuro- and psycholinguistics have been incorporated to help characterize and distinguish disorders such as aphasia, dementia, as well as traumatic brain injury and nondominant (right) hemisphere lesions. The text shares insights some of which are contrary to conventional ideologies; it has also made a discernable effort to refrain from entering into any provocative discussion on issues regarding the nature of human "mind" (psyche) or any psychiatric disorders.

The content presentation has considered contemporary reading and learning preferences as well. Every attempt has been made to provide pertinent information in a simplified format with key concepts being italicized in their preliminary contextual descriptions. Diagrams and tables are utilized for the visual learner with balanced attention to the need for specificity and comprehensiveness with simultaneous tempering of redundant information. I remain sensitive to the perennial perception that neuroscience and related communication disorders is a nemesis to students in the field of communication disorders; it is my sincere hope that not only will this text help alleviate any apprehensiveness toward this exciting and challenging topic, but that it will serve as an initiation to the quest for knowledge and undaunting curiosity.

Sakina S. Drummond, PH.D.

CONTENTS

		Page
	e	
List of	f Illustrations	xii
Chapte	ter	
1.	Development and Description of the Brain	3
	Brain Development	4
	Rhombencephalon	10
	Mesencephalon	14
	Prosencephalon	15
	Summary	
2.	Blood Supply to the Brain	28
	Blood Circulation	28
	Circle of Willis	34
	Ventricular System (CSF Circulation)	36
	Summary	39
3.	Cellular Neuroanatomy and Neurophysiology	41
	Gray Matter	41
	White Matter	
	Neural Excitation	50
	Neural Transmission	53
	Neural Summation and Types of Circuitry	
	Summary	60

4.	Cerebral Specialization and Aging
	Lateralization of Functions
	Common Functions of Both Hemispheres
	Special Functions of Right Hemisphere
	Special Functions of Left Hemisphere
	Gender Differences
	Age-Related Changes
	Summary
5.	Etiologies and Neurodiagnostic Tests
	Risk Factors
	Ischemic CVA: Occlusive Types
	Ischemic CVA: Nonocclusive Types
	Head Injury
	Cerebral Inflammation
	Neurodegenerative Diseases
	Other Conditions
	Tests for Medical Diagnosis and Lesion Localization
	Summary
6.	Communication Disorders and Related Symptoms
	Aphasia
	Cognitive-Communication Disorders
	Language/Linguistic Symptoms
	Sensory and Perceptual Symptoms
	Behavioral and Cognitive Symptoms
	Motor Symptoms
	Other Symptoms
	Summary
7.	Assessment of Communication and Related Functions
	Test Selection
	Components of Standard Language Assessment
	Nonstandard Assessment: Linguistic Description
	Assessment of Cognitive-Communication Functions
	Assessment of Functional Communication

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C.		
C0	nte	nıs

xi

	Summary
	Appendix A
	Appendix B
8.	Classification and Differential Diagnosis
	Aphasia Classification
	Atypical Types of Aphasic Disorders
	Aphasia and Pre-existing Forms of Communication153
	Classification of Cognitive-Communication Disorders155
	Aphasia versus Cognitive-Communication Disorders
	Prognostic Variables
	Summary
9.	Linguistic Communication Intervention
	Treatment Approaches176
	Treatment Parameters
	Group Therapy
	Management Strategies for Dementia
	Treatment Efficacy
	Biological Evidence
	Other Considerations
	Summary
	Appendix A
10.	Other Intervention Approaches
	Pharmacological Intervention
	Surgical Intervention
	Neurostimulation Approaches
	Genetic Engineering Applications
	Hyperbaric Oxygen Therapy
	Assistive Technology
	Other Therapies
	Summary
Bibliog	graphy

ILLUSTRATIONS

Figures

1.1.	Development of the nervous system	5
1.2.	Development of the fetal brain	8
1.3.	Anterior view of the brainstem structures	15
1.4.	Medial view of the brain	17
1.5.	Lateral view of the left hemisphere including Brodmann's areas	21
1.6	Inferior view of the brain	23
1.7.	Horizontal section of the brain	24
1.8.	Some components of the limbic system	25
2.1.	Anterior view of the major arteries that supply blood to the brain	30
2.2.	Areas of the brain supplied by the anterior and posterior cerebral arteries, and by the subcortical branches of the vertebral-basilar system	32
2.3.	Blood circulation to the lateral surface of the brain via the middle cerbral artery	32
2.4.	Arterial arrangement forming the circle of Willis at the base of the brain	35

2.5.	Lateral view of the ventricles of the brain	38
3.1.	Neuronal structure and types of neurons and synapses	44
3.2.	The cellular layers of the cerebral cortex	47
3.3.	The projection and long association fibers of the brain	49
3.4.	Biochemical (left side) and electrical events leading to neuronal stimulation and response	52
3.5.	Structural components of synapse reflecting synaptic transmission and resultant temporal summation of excitatory (EPSP) and inhibitory (IPSP) postsynaptic potentials	54
4.1.	A simplified explanation of the primary cortical connections underlying the acts of listening-speaking and reading-speaking	68
5.1.	Ischemic cerebrovascular accidents resulting from thrombosis (a) embolism, (b) arteriosclerosis, and (c) aneurysm	79
5.2.	Types of head injuries and possible locations for hematomas (or hemorrhages)	81
6.1.	Lesion sites and corresponding visual field defects along the visual pathway	108
7.1.	Different types of long-term memories	136
8.1.	Directional shifts in aphasia classification assignments	152
8.2.	Physiological recovery resulting from neural reorganization: (a) dead neuron, (b) widowed neuron, and (c) donor neuron	170
9.1.	Different parameters for behavioral intervention	185

Illustrations

Table	es	
1.1.	Milestones Reflecting the Embryonic Development of the Brain	9
1.2.	Structures Within the Three Primary Divisions of the Brain	11
2.1.	The Cerebral Arteries, Their Origins and Corresponding Distributing Areas in the Brain	33
4.1.	Functional Organization of the Two Cerebral Hemispheres and Possible Disorders from Lesions	64
5.1.	Major Etiologies and Diagnoses for Neurogenic Communication Disorders	77
6.1.	Symptoms Reflecting Language, Behavioral and Cognitive, and Sensory-Perceptual, and Motor Impairment	98
6.2.	Characterization of Nonfluent and Fluent Verbal Output in Aphasia	102
6.3.	Neurological Substrate for Linguistic-Communication Functions and Corresponding Symptoms	117
7.1.	Components of Standard Language Assessment and Possible Clinical Symptoms Accounting for Difficulty Completing the Different Tasks/Areas	123
7.2.	A Checklist for Identifying Symptoms for the Four Linguistic Parameters	129
8.1.	Typical Classification Categories for Aphasia	147
8.2.	Linguistic and Cognitive Symptoms Characterizing the Different Stages of Dementia (adapted from Reisberg, et al., 1982)	161
8.3.	Differential Diagnosis Between Aphasia and Four Cognitive-Communication Disorders	166

1	Neurogenic	Communication Disorders	
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9.1.	Applicable Treatment Approaches for the Different Categories of Neurogenic Communication Disorders	175
9.2.	Examples of Intrasystemic and Intersystemic Reorganization Strategies for the Two Primary	
	Language Modalities	182
10.1.	Different Types of Pharmacological Interventions	202
10.2.	Surgical Options for the Different Neuropathologies	206

xvi

NEUROGENIC COMMUNICATION DISORDERS

Chapter 1

DEVELOPMENT AND DESCRIPTION OF THE BRAIN

The human nervous system is organized into two components: a *central* (CNS) and *peripheral* (PNS) nervous system. This chapter focuses on the CNS, which includes the *brain* and the *spinal cord* each of which are encased by two different sets of protective tissues. The outer encasing is composed of a bony framework; the chain of bones, or the *vertebral column*, and protects the spinal cord while the brain is housed within the *cranium* (or skull). The inner protective casing is composed of three *meninges*, or layers of connective tissues (see Figure 5.2), which are organized in the following order:

- The *duramater*, implying "tough mother," is the outermost layer which is almost leathery in texture. It is further divided into an outer, *periosteal layer*, and the inner, *meningeal layer*. The gap between the duramater and the bony cranium is called the *epidural space*.
- The middle layer, the *arachnoid mater* appears "spider/web-like" because this translucent layer is infested by crisscrossing blood vessels. The space between the arachnoid and duramater is identified as the *subdural space*, however, the Anatomical Terminology Conference in 1997 has determined that this space is not readily identified except in the presence of a *hematoma* (or blood clot).
- The innermost *pia mater*, or "soft mother," is a fragile thin layer encasing the neural tissue. The space between the pia and arachnoid mater is termed the *subarachnoid space;* it is filled with the colorless *cerebrospinal fluid* (CSF).

The remainder of this chapter provides a review of the development of the different levels and structures that collectively form the human brain. It also describes the functions ascribed to these structures in a fully developed (adult) brain with the intent that such information will provide an appreciation of the complexity of the neural circuitry and processes, as well as its potential for disrupting human communication behaviors in the presence of some disease or pathology.

BRAIN DEVELOPMENT

The development of the human brain has its foundation in the concepts of phylogeny and ontogeny. *Phylogeny* relates to the genetic evolution or developmental patterns between species. *Ontogeny* describes the development of the fertilized ovum from a unicellular to multicellular organism within a given species. The ontogenic development of the human brain as it progresses from *embryonic* (first 8 weeks of gestation) to *fetal* (after 9 weeks) changes are depicted in Figures 1.1 and 1.2, and they have been described through the following stages (Table 1.1):

1st week: The fertilized, single cellular ovum (or *zygote*) undergoes *mitosis* (cell division) at the rate of 50,000 cells per minute. The embryo appears as a hollow ball, or *blastocyst*, consisting of an outer cell mass that later forms the placenta, and an inner cell mass that evolves into a fetus in the later stages. Within two hours after fertilization, the embryo begins to distinguish the left from right side. Around day three, eight undifferentiated cells capable of becoming any structure are identified. Before the end of the first week about 100–150 of these undifferentiated cells are commonly described as embryonic stem cells.

3rd week: At this stage, the embryo is called the *gastrula* and it displays a distinctive organization of its cells as three *germinal* layers. The descendants of these germinal layers will ultimately form different tissues and organs of the human body. The internal germinal layer, *endo-derm*, will develop into the visceral organs including the pancreas, bladder, urethria, thyroid, lungs, and the liver. The middle, *mesodermal layer* will form the muscle (smooth, striated and cardiac), connective tissues (including the bone), and the vascular system (heart and blood vessels). The cells in the outer, *ectodermal layer* will develop into the nervous system, skin, including hair and nails, as well as the eyes and ears. During the third week, some ectodermal cells segregate to form

 $1^{1/2}$ mm long *neural plate*, which is the first sign of an evolving nervous system. The medial indented portion is identified as the *neural groove* and the raised edges as *neural folds*. The neural plate continues to develop so that the neural folds rise to form two lateral *neural ridges* almost encircling a medial *neural groove*. Two clusters of cells at the neck of the neural groove are identified as *neural crest*.



Figure 1.1. Development of the nervous system. A. One-day old fertilized ovum. B. At three days. C. Blastocyst at 5–6 days (transverse section). D. Gastrula with the three germinal layers (2–3 weeks). E. Formation of neural plate and two prominent landmarks (transverse section). F. Development of neural ridges and neural crests (transverse section). G. Mid-line fusion of neural folds resulting in formation of neural tube and separation of neural crest (transverse section). H. Dorsal view of the embryo at 4 weeks depicting the unfused rostral and caudal ends of the neural folds along with its central portion.