



## **2018 SUMMER 5 WK VOLLEYBALL ACADEMY**

Top Notch academy will meet twice a week for 5wks on Mondays and Wednesdays or Tuesdays and Thursdays. Junior High groups will be split up based on their current volleyball experience. Competitive is for the players that have had prior competitive club experience and will be trained at an accelerated pace. The 6<sup>th</sup>-8<sup>th</sup> Jr High Academy is for players who have had less than 2yrs of competitive club experience and want to be trained at a high level to improve their game. The Little Gator Academy is for all levels of experience for K-5<sup>th</sup> graders.

We are taking no more than 24 athletes per session to insure hands on personal training. Come and have a great time while being trained by the Top Notch VBC coaching staff and collegiate players.

The academy will be held at Bradfordton Athletic Complex. (1200 N. Bradfordton Rd.)

**Cost-** \$375 (Includes academy t-shirt)

**When-** June 25<sup>th</sup>-July 26<sup>th</sup> (see registration form for times/days)

### **What to bring:**

Kneepads, comfortable clothing (tshirt,shorts,spandex) athletic shoes, water  
Please make sure to dress appropriately for lots of activity.

Register early as we are only taking 24 athletes per session.

To register go to [www.topnotchvbc.com](http://www.topnotchvbc.com) to download the registration form and send with payment to (registration fees are nonrefundable)

Top Notch VBC

PO Box 123

Sherman, IL 62684

For questions please email [topnotchvbc@aol.com](mailto:topnotchvbc@aol.com).

## **Academy Director:**

**Jennifer (Wood) Holliday** is the Director of Top Notch VBC. She graduated from Sacred Heart Griffin HS. While playing for the Blazers she helped them reach the state tournament 3 out of her 4 years. She was City Player of The Year 2 years, an All-State selection and is the only player to have been selected for the All-City team all 4 years. Jen went on to play on a full athletic scholarship at the University of Florida. While at UF she played in two NCAA Final Fours, was selected as Southeastern Conference Player of the Year and was named an All-American. Most recently she was inducted into the Springfield Sports Hall of Fame. Jen has had a successful coaching career for over 20yrs having coached at multiple levels which include, Jr. High, High School, Collegiate and Club. Top Notch is going into its 11<sup>th</sup> year and has been growing rapidly. Our success speaks for itself. Over the past 9yrs our athletes have earned collegiate athletic scholarships ranging from Div 1- Junior College.

## **Academy Staff**

Includes our current Top Notch coaches as well as some of our Top Notch alum whom are now collegiate athletes.